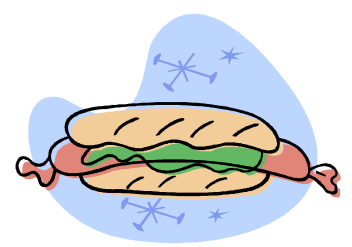




Combination Food Chart



Combination Food	Milk Group	Meat Group	Vegetable Group	Fruit Group	Grain Group	"Others" Group
Bean Burrito	Monterey jack cheese	refried beans	lettuce, tomato		tortilla	
Peanut Butter and Banana Sandwich		peanut butter			whole wheat bread	
Cheeseburger	cheddar cheese	beef patty	lettuce, tomato		bun	catsup, mustard
Deluxe Pizza	mozzarella cheese	sausage	green pepper, mushrooms, tomato sauce		pizza crust	
Cheese Sandwich	American cheese				bread	
Chef Salad	Swiss cheese	turkey, ham	lettuce, tomato, cucumber, carrot			salad dressing
Sub Sandwich	provolone cheese	ham, salami	lettuce, tomato		French bread	mayonnaise
Parfait	Vanilla yogurt	nuts		Strawberries, bananas		

